

Easier Read Guide:

PBS4's View on Positive Behaviour Support (PBS)

This is PBS4's position statement.

It explains what PBS4 believes about Positive Behaviour Support (PBS).

What is PBS?



PBS means Positive Behaviour Support.

PBS is a way to help people:



Feel happy and safe



Be understood



Learn new skills



Live a better life

Who is PBS for?

PBS is for people who may:



Have a learning disability



Have autism



Think and feel differently (this is called being neurodivergent)

What PBS4 believes:

PBS must:



Be kind and respectful



Be led by the person (not done to them)



Be based on choice



Help the person do more of what they enjoy

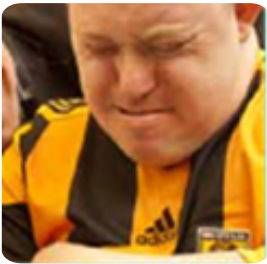


Always ask if the person wants PBS



Be safe and planned properly

PBS must never:



Hurt anyone



Ignore people



Use punishment



Make people do things they don't want to do

Feelings matter

PBS understands:



People have thoughts and feelings



These can be hard to show or explain



PBS helps people feel understood and supported

Everyone has rights

PBS4 says:



Everyone has the right to be treated fairly



People must be treated with respect



PBS must respect all backgrounds and cultures.



PBS4 is working to stop racism and unfair treatment.

Who should do PBS?

PBS should be done by:



People who are trained.



People who care and listen.



A team that may include therapists and health workers.

PBS is based on science

PBS uses:



Research



Planning



Teamwork



Kindness and values that put the person first

What PBS4 wants you to know

PBS4 believes:



PBS helps people live a better life.



PBS must be done with the person,
not to them



No one should be forced



Everyone should feel safe, respected and
listened to



PBS must be done by trained staff



PBS must protect people's rights